

Pharmacist. Dr. Pannawit Chotitechathammanee. (2021, April), Cannabis-marijuana change role from narcotics To be the most beneficial drug : Bussiness+. (386) : 102-104

Although hemp and marijuana are classified as psychoactive substances If in possession it will be illegal immediately. but for the new era Medical research has shown the benefits of hemp and marijuana beyond being just a drug. Because it can cure various diseases with good results, just use it correctly and in the right amount.

### Health benefits of hemp

- Nourish blood and human health in many aspects.
- Inflorescence extract. Helps to relax the body, make it easier to fall asleep, reduce dizziness Head Vomiting
- Reduce thirst. make the internal organs hydrated
- Treat symptoms of dysentery, diarrhea and diarrhea.
- Help reduce the problem of gallstones. and alleviate various pain symptoms
- Help relieve and relax muscles.
- Reduce symptoms of gout.
- The seeds are high in omega. Naturally good fats and vitamin E prevent cardiovascular disease. blood clots
- Rich in high protein. therefore used as a snack or supplement
- An important helper of medicinal ingredients.
- Help absorb and eliminate radiation. to disintegrate without causing any harm to the general public

