

Gourmet & Cuisine

กูร์เมต์ แอนด์ คิวซีน

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ISSUE 291 • OCTOBER 2024 • ENJOY OKTOBERFEST เทศกาลความอร่อยตำรับเยอรมัน • FOOD, TRAVEL & ENTERTAINING MAGAZINE • 100 BHT.




GOURMET & CUISINE
YOUNG CHEF 2024
ประกาศผลชนะเลิศ 14

ตำหู้ไม่จำเจในมือจ 68
ไส้กรอกเยอรมันในไทย 100

www.gourmetandcuisine.com



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Abstract

Presenting content about **Cover Story Way of the Germans' Eating Lives** - Good Life Like a German **Recipes German Food & Oktoberfest Party** Delicious German Recipes Schweinebraten mit Knödel and Krautsalat Baked Pork Neck served with Knuckle and Beard Salad Butterkuchen Obazda Crispy Bavarian Pork Roast Pumpkin Cream Soup Sauerbraten (A Sweet and Sour Beef Roast) Sweet and Sour Beef **Food & Drink** Home Gourmet German Apple Cake (Apfelkuchen) Daily Dishes Crispy Fried Tofu Drinks Dia De Los Muertos Celebrate your loved ones You Are How You Eat Flexitarian Diet with Mussels with Wine and Cream Sauce Eat Well Live Well Vegan Poke Bowl **Delish Delight** Veggie Vibes Delicious Tofu in Your Hands Avocado Tofu Salad **Simply Sweet** SCC Cookies **Interview** Special Guest Pompam-Niti Chaichitathorn Delicious happiness at Le Cordon Bleu Dusit **Articles** Food for Life Polyphenols in vegetables and fruits help reduce AGEs, the aging factor, and prevent chronic diseases Menu Digest Blutwurst Blood sausage **Shopping & Design** Party@Home Blood of Monster Eyes **Miscellaneous** Nice to Know German & Beer, an indispensable companion Last But Not Least Getting to know the 4 types of people's nature **Eating Out & Traveling** Eating Out G&C Recommendation Kokugura Ramen Craft ramen in a secret shop in Soi Ari Favola A creative Italian restaurant A-Chiang Mai Marriott Hotel Han The Chinese Cuisine A Chinese restaurant that combines delicious menus from the golden age of the Han Dynasty Tabori Indian restaurant from 28 states from north to south Teppan France Kanda Japanese-French food in teppanyaki style **Legendary** Vegetarian Hut, a 33-year legend, a vegan restaurant that was ahead of its **time Foodie Picks** 5 restaurants with divine German sausage that have been carefully selected as being truly delicious **Places** inter Continental Chiang Mai The Mae Ping A 5-star hotel that makes our hearts full Kantary Hills Hotel, Chiang Mai Friendly accommodation that everyone can access **Wellness** Kiriya Spa A chef's zone of aesthetics In the heart of Pathumwan **Travel**, stroll through the Trok Mor morning market, the hottest viral market online.

เช็กलिสรายได้หลังเกษียณ
บริหารอย่างไรให้แสนสุข

“Night Tourism” เปลี่ยนรัตติกาล
ให้เป็นแสงสว่างท่องเที่ยวไทย

เปิด 7 ปีนักษัตร
พลังดีที่ทรงอิทธิพลในยุค 9

การเงินธนาคาร

MONEY & BANKING MAGAZINE

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แบงก์แอปปี Great Wealth Transfer ยุคส่งต่อมรดกครั้งใหญ่



ติดตามการเงินธนาคารแบบเรียลไทม์



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Abstract

Presenting content about the **Editorial** Great Wealth Transfer, the era of the world's great inheritance. **Insight INTELLIGENCE** • How should Thailand cope? With Fast Fashion, a new trend that is harming the world **WORLD EXCLUSIVE** .Tax increase measures: The rich flee first **News BANKING** Checklist of income after retirement. How to manage it for happiness **INSURANCE** Savings insurance, receive high returns every year. 3-fold value "Savings - Protection - Tax reduction **MUTUAL FUND** Looking at investment opportunities in Chinese stocks After the government injects economic stimulus **TECHNOLOGY REPORT** Unveils trends in banking apps, aiming to serve every lifestyle **GREEN** How to use Transition? **CRYPTO CURRENCY** ICO and RWA Tokenization New investment opportunities with blockchain **MONEY MONITOR** China's economy is sluggish: a dim exit **ASIA REPORT** How does AI investment affect "Taiwan" **Personal Finance** **HOT STOCKS** Thai stock market recovers strongly, expecting the index to be 1,434 - 1,545 points **FUND FOCUS** Moving funds across asset management companies is a difficult thing that can be done and must be done when it is a matter of **Special Interview** with Dr. Kongkrapan Intarajang, Chief Executive Officer and President of PTT Public Company Limited, delving into PTT's new vision, "Together for Sustainability Thailand, Sustainable World PTT is strong together with Thai society and grows sustainably at the global level" Aiming to expand the Hydrocarbon business, which is its expertise, integrating sustainability for global growth **CEO Talk** Punnamas Vijitkulwongsa, Subject Manager in Thailand **VISA** drives Thailand towards a cashless society and works with many partners to utilize digital payments to their full potential. **Young Millionaire** **FAMILY BUSINESS SOCIETY** **FAMILY OFFICE** - What is it and how can it help family businesses? **Special Scoop** 'Night Tourism' - changing the night into a light for Thai tourism **Columnist** **EXECUTIVE COACHING** - How to manage strategies for success - **Economic Reports** - Bank status - Loans continue to shrink - Banks issue short-term deposits - Financial tips - Soft Landing a Hard Landing - Will the US economy make a soft landing or a hard hit.