

บ้านและสวน

พฤษภาคม 2568 www.baanlaesuan.com



Journal name : Baanlaesuan

Year : 49

Month : May

Issue No: 585

B.E. : 2025

Abstract

Presents content about **Architecture and Design** Home Expert: Ideas for adjusting your home to be more versatile and usable House Ideas: Laundry Room, a suitable washing corner, **Beautiful home and decoration** Fullstop House A house in Milpace that allows residents to design for various uses. A multi-level house with many functions to fulfill every happiness. A home studio adds a resort feel to working hours. An architect's townhouse is like a laboratory. **Home and Garden Family** room: Ode renovates 3 types of interior spaces to create new living spaces in a flexible and beautiful office space. Home and Garden Explorers club: Explore Tainan's cultural heritage through fortresses, shrines and old sugar factories. Eat well and live well: Easy-to-make Thai dishes from canned tuna. Garden & Fam: Follow the ten places - birth - mushrooms in an air-conditioned room at Earthing Mushroom Farm. **News-Articles-Reports-Interviews** Special Report: Home and Garden Fair Select 2025: THE NEW BASICS, changing your mind, simple but extraordinary. **Ornamental plants and gardening.** Plant Library: 9 Thai-style plants planted in the garden to revive nature. Garden Expert: Garden with Multi-function, your favorite garden with the right function. Peaceful in a modern Japanese garden. Refreshing in a tropical garden. A Western-style garden is more than just a backdrop for your home.

Gourmet & Cuisine

กูร์เมต์ แอนด์ คิวซีน

FOOD, TRAVEL & ENTERTAINING MAGAZINE • ISSUE 298 • MAY 2025 • 100 Bht.



Explore Eastern Thailand's Hidden Culinary Gem

สวรรค์นักกิน...ถิ่นตะวันออก

ข้าวพริกกุ้งพราว

- ซีม ๓๕๕ ซิล ทั่วถิ่นตะวันออก 32
- ขนมหาคินยากของเมืองผลไม้ 70
- 10 ร้านอร่อยยกนี้ภาคตะวันออก 74

www.gourmetandcuisine.com



Journal Name : Gourmet & Cuisine

Issue No. : 298

Month : May

B.E. : 2025

Abstract

Presents content about **Cover Story** Eastern Wonders Foodie Paradise...Eastern Region **Recipes Eastern Thai Flavors** Shrimp with Coconut Chili Rice, Crab Rolls, Fish Boiled with Cardamom, Served with Chili Salt **Food & Drink** Daily Dishes Homemade Cream Cheese Drinks Marian Plum & Salacca Bliss Refreshing with Fruit Drinks Chef's Signature Dish Elevating Thai Catfish to be on a par with Japanese Eel Simply Sweet Semla Swedish Press with a Classic Recipe **Interview** Special Guest Chef Tukata Baan Yi San, a Thai Food Guru with a Heart to Share Food in Biz The Eastern Region is Hot! TAT Promotes the "Travel Fun All Year Long, No Delay" Campaign **Articles** Food for Life How Do Pumpkin Seeds Affect Health? And How to Eat Them Properly Menu Digest Edible Lawn Edible Grass **Miscellaneous** Nice to Know East Meets Dessert The Hidden Sweetness in the Eastern Region Last But Not Least How to Show Appreciation in an Impressive Way **Eating Out & Traveling** Eating Out G&C Recommendation Krua Aep Aroi, a Famous Restaurant in Rayong That Doesn't Hide Its Deliciousness Visiting the Riverside Community of Chanthaburi Stop by to try pasta at TASTE Homemade Pasta Sunspirit Bangpu, a super chill check-in spot with a view of Bang Pu Beach. Krua Kru Moo, the original taste of Rayong from the Yomjinda family. Delicious pizzas from authentic Italian chefs at Pizza Massilia in Soi Ruamrudee. Yum Won Chan by Je Dao Seafood, a salad shop with a long queue on Wonnapha Beach, Bangsaen. Legendary Yai Tam, Vietnamese food. The path was not easy before it became the first restaurant in Aran. Foodie Picks: Enjoy your trip and stop by to eat at these 5 most popular restaurants in the Eastern region. **Places** • Grande Centre Point Lumphini Go to a Staycation at a new hotel near Lumphini * Escape the heat and relax at Arbour Hotel and Residence **Wellness** Boribot Massage & Soul Chaiyaphruek, the context of relaxation. **Travel:** Visit 3 landmarks in Samut Prakan, collect all styles in 1 day.