

Gourmet & cuisine

ISSUE 310 • MAY '26 • WELCOME TO IMPACT CULINOVA FOOD INNOVATION HUB • FOOD, TRAVEL & ENTERTAINING MAGAZINE • 100 BHT.

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กูร์เมท & คิวซีน

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CULINOVA  
IMPACT

Welcome to  
**IMPACT  
CULINOVA**  
*Food Innovation Hub*

Special Report เกี่ยวข้องกับ แชมบรียากาตงาน  
Asia's 50 Best Restaurants 2026 **20**  
ชวนทำเค้กอินทผลัมเปอร์เซีย **42**  
Clear Protein เทรนด์สุขภาพใหม่ **64**

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### Abstract

Presenting content about **Cover Story** IMPACT CULINOVA - A Rising Star That's More Than Just a Cooking School **Recipes** Innovative Menus from Impact Culinova Pistachio Chocolate Star - Pistachio and chocolate bread; Aglio e Olio with Crab - Spaghetti from Aglio e Olio with Crab **Food & Drink** Home Gourmet - Perslan Date Cake; Drinks: Japanese Damame Milk - Aromatic Japanese edamame milk; Chef's Signature Dish: Chef Jao-Pakpat Sakyaso from Xlan Yuan - A New Definition of Cantonese Cuisine; **Delish Delight** Maepranom Menus - Delicious dishes using Maepranom sauces; Crispy Chicken Stir-Fry with Pineapple Sauce; Steamed Tofu with Shrimp Ball and Plum Sauce; **Interview** Special Guest: Ms. Manee Namasiripongphan Creating opportunities and happiness for people with disabilities through smiles at the Food in Biz cafe. IMPACT Culinova revolutionizes the food industry into a future Culinary Innovation Hub. **Articles** Food for Life Getting to know Clear Protein. Menu Digest: Sourdough & Friends: Fermented dough, a cross cultural connection. **Miscellaneous** Nice to Know: Updating Superfood trends – what's good to eat? **Eating Out & Traveling** Eating Out G&C Recommendation: Gapple, a fun and smart restaurant from Chiang Mai; Central Park Red Sky: A Mediterranean rooftop restaurant with stunning views in the heart of Bangkok; Ippe Koppe: The best Japanese curry rice restaurant arrives in Thailand; Kohaku Omakase: With seasonal flavors; A restaurant that cares about ingredients from start to finish. **Places** The Park Lane Hong Kong. Autograph Collection: You don't need a time machine to chill in the atmosphere of yesteryear at Kalanan Riverside Resort, Nonthaburi. **Trave** A list of delicious restaurants in 5 cities in Taiwan, a destination for foodies.