

Gourmet & Cuisine

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ข้าวของเรา STORIES OF Thai Rice



เริ่มแล้ว Gourmet & Cuisine Young Chef 2026 **20**
หรือ “อูเม” มันม่วงฟิลิปปีนส์จะมาแทนเม็ดอะไร? **46**
ข้าวไทยทำอะไรก็อร่อย **56**

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Abstract

Presenting content about **Scoop G&C Young Chef 2026** Fueling dreams on the path to becoming a chef. **Trend Eater** Ube (Philippine purple yam) the new trend everyone is (about to be) into. **Recipes** Sangyod Rice and River Prawn with Southern-style “Kaeng Som” (Sour Curry) Sauce; “Khao Man Pu” (Crab-fat infused rice) with Santol Chili Dip; Claypot Rice with Squid Ink and Sun-dried Squid. **Food & Drink** Home Gourmet “Boterkoek” (Dutch Butter Cake); **Drinks** Refreshing “Khao Ma” k (Thai fermented sticky rice) beverages. **Eat Well Live Well** Grilled Pork Neck Rice. Chef's Signature Dish: Chef Pim Techamuanvivit the female chef taking Thai flavors to the global stage. **Delish Delight** Riceberry Thai Desserts Riceberry Dorayaki with Red Bean Mochi; Riceberry Ice Cream. Simply Sweet: Matcha Pistachio Biscotti. Interview Special Guest: Taew-Natapohn Tameeruks on Vietnamese comfort food. **Food in Biz** Food Science The key to global competition (by Dr. Phanpermsak Arunee); Dream Cones Thai-inspired icecream shapes captivating the world. **Article** Food for Life The dangers of alcohol consumption on the digestive system. Menu Digest: Gelato Big Deal! What's the big fuss about gelato? **Eating Out & Traveling** Vista Kitchen Caring for every dish for better health. Veerasu Building Branch: Tsujihan overflowing Zeitaku Don (luxury seafood bowls) from Tokyo. Nithiwin: Thai Modern Heritage Cuisine and Cafe savor Thai flavors in a cozy atmosphere **Places** Montraj Coach Sukhumvit: Turn an ordinary day into a staycation inside a classic train carriage in the heart of Asoke. Baan Krai Nao: Experience a slower pace of life. **Wellness** Onsen bathing as a lifestyle of everyday wellness, not just relaxation. **Travel** Experience the charm of Phuket in a single day aboard “Pisces Phuket”, a brand-new luxury catamaran.